

40 Developmental Assets Survey of Steamboat Springs High School

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The survey is 156 questions that identify the prevalence of the various assets.
The 1999 survey was 346 students they were 7th graders, 10th grade and 12th grade.
The 2005 survey was 515 students they were 9th-12th.

Asset type	Asset Name	1999	2005	Change
External Assets		%	%	%
Support	1. Family Support	81	72	-11%
	2. Positive Family Communication	36	26	-28%
	3. Other adult relationships	51	48	-6%
	4. Caring neighborhood	35	29	-17%
	5. Caring school climate	23	25	9%
	6. Parent involvement in schooling	34	31	-9%
Empowerment	7. Community values youth	15	13	-13%
	8. Youth as resources	33	21	-36%
	9. Service to others	49	45	-8%
	10. Safety	70	62	-11%
Boundaries & Expectations	11. Family boundaries	52	44	-15%
	12. School boundaries	46	31	-33%
	13. Neighborhood boundaries	46	41	-11%
	14. Adult role models	25	21	-16%
	15. Positive peer influence	59	40	-32%
	16. High expectations	43	40	-7%
Constructive Use of Time	17. Creative activities	21	20	-5%
	18. Youth programs	67	69	3%
	19. Religious community	45	39	-13%
	20. Time at home	57	40	-30%

What we are doing right:

More than 50% of SSHS students report having this asset

Areas to work on:

Less than 25% of SSHS students report having this asset

Positive experiences and personal qualities that young people need to grow up healthy, caring and responsible.

Internal Assets			%	%	%
Commitment to Learning	21. Achievement motivation	Young person is motivated to do well in school	67	63	-6%
	22. School engagement	Young person is actively engaged in learning	61	43	-30%
	23. Homework	Young person reports doing at least one hour of homework every school day	71	64	-10%
	24. School bonding	Young person cares about his or her school	54	41	-24%
	25. Reading for pleasure	Young person reads for pleasure three or more hours per week	20	25	25%
Positive Values	26. Caring	Young person places high value on helping other people	40	39	-3%
	27. Equality and social justice	Young person places high value on promoting equality and reducing hunger and poverty	46	41	-11%
	28. Integrity	Young person acts on convictions and stands up for his or her beliefs	73	67	-8%
	29. Honesty	Young person tells the truth even when it is no easy	68	58	-15%
	30. Responsibility	Young person accepts and takes personal responsibility	68	55	-19%
	31. Restraint	Young person believes it is important not to be sexually active or to use alcohol or other drugs	38	22	-42%
Social Competencies	32. Planning and decision-making	Young person knows how to plan ahead and make choices	32	25	-22%
	33. Interpersonal communication	Young person has empathy, sensitivity and friendship skills	46	43	-7%
	34. Cultural competence	Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds	33	33	0%
	35. Resistance skills	Young person can resist negative peer pressure and dangerous situations	41	27	-34%
	36. Peaceful conflict resolution	Young person seeks to resolve conflict nonviolently	48	42	-13%
Positive Identity	37. Personal power	Young person feels he or she has control over "things that happen to me"	53	48	-9%
	38. Self-esteem	Young person reports having a high self-esteem	58	51	-12%
	39. Sense of power	Young person reports that "my life has a purpose"	67	62	-7%
	40. Positive view of personal future.	Young person is optimistic about his or her personal future.	77	73	-5%
Total	Average Number of Assets	The national average is 19	19.7	16.9	-14%

Ideally all youth would experience 31-40 of these assets. Each community needs to establish what percentage of youth it seeks to be at this level. This process can provide an important opportunity for creating a community vision for your youth.

SSHS Students	1999	2005	Change
	%	%	%
0-10 Assets	8	20	150%
11-20 Assets	52	50	-4%
Total higher risk group	60	70	17%
21-30 Assets	32	26	-19%
31-40 Assets	8	4	-50%
Total more thriving group	40	30	-25%

Youth with higher levels of assets are involved in fewer risk-taking behaviors.
 Youth with higher levels of assets are more likely to report thriving indicators.